

# WELCOME

**VISION** *The Wyong Catholic Parish is a welcoming, caring dynamic community*

**MISSION STATEMENT** *We will live and proclaim the message of the Gospel :  
Engage, Participate, Reach out and Transform*

15th February 2026 - Sixth Sunday in Ordinary Time

**WYONG CATHOLIC PARISH**

**ST CECILIA'S CHURCH, ST JOHN FISHER MASS CTR & ST PETER'S CHAPEL**

**Under the Pastoral Care of the  
Society of Our Lady of The Most Holy Trinity (SOLT)**

## REFLECTION—6th Sunday of Ordinary Time

The audience for Matthew's Gospel was a community of Jewish and Gentile people who had become Christians. Matthew is anxious to assure both groups that the Christian community is respectful of their traditions and that Jesus did not come to abolish the Law and the Prophets but to complete them.

The Gospel writer, Matthew, shows a respect for the old Law but he is also enthusiastic for the new vision that Jesus has brought to its interpretation. He shows Jesus as the true Messiah, the new Moses, who will fulfil God's promises to Israel. Today we hear Jesus confirming the old Law and adding a higher expectation about the way that Law is kept. This is about keeping the Law in thought as well as in action. It is not just about how we do this or that, it is more about why we are doing it. With the psalmist I pray: *Open my eyes that I may consider the wonders of your law.*

*Reproduced from God's Word 2026: Daily Reflections, Published by St Pauls Publications, Strathfield.*

*"A Christian is: a mind through which Christ thinks, a heart through which Christ loves, a voice through which Christ speaks, and a hand through which Christ helps"*

*- St. Augustine of Hippo*



### WYONG CATHOLIC PARISH SACRAMENTAL PROGRAM

Please use the relevant QR Code to register your interest and receive the updated information regarding your interest.

WYONG PARISH - SACRAMENTAL  
PROGRAM - EXPRESSIONS OF  
INTEREST 2026



St Cecilia & State Schools

ST JOHN FISHER - SACRAMENTAL  
PROGRAM - EXPRESSIONS OF  
INTEREST 2026



St John Fisher Students

## PARISH CALENDAR—IMPORTANT DATES

- ◆ **17th Feb**—Shrove Tuesday & Burning of Palms  
6pm
- ◆ **18th February**—Ash Wednesday
- ◆ **8th March** – Rite of Christian Initiation  
Presentation Mass

### Vox Populi—4 February 2026

The countdown to the 54th International Eucharistic Congress 2028 in Sydney is on!

The official website for the Congress, is now live and parishes across the country will begin to receive starter packs in the coming weeks with resources to help promote the international event.

The Congress brings together people from a wide area to bear witness to the real presence of Jesus Christ in the Eucharist and promote greater devotion to the Eucharist.

It involves large-scale Masses, Eucharistic adoration and other events, all to foster and build a love of the Eucharist.

It will be the second time Sydney has hosted the Congress, 100 years after it first hosted in 1928, when a Eucharistic procession along Macquarie Street, headed by Cardinal Bonaventura Cerretti, was witnessed by 500,000 people.

In his [2025 Pastoral Letter, The Mystery of Faith: Encountering Jesus Christ in the Eucharist](#), Bishop Anthony Randazzo said this Congress invites us into a deeper encounter with the central mystery of our faith: the Most Holy Eucharist.

*Reproduced from Neighbourhoods 4 February 2026*

### RCIA/RCIC PRESENTATION MASS

Rite of Christian Initiation Presentation Mass will be held on **Sunday 8th March 2026, 9.30am at St Cecilia's Church** followed by morning tea to welcome our candidates.

We invite you all to join and welcome them into our faith filled community. Please keep these candidates in your prayers!

### Broken Bay Lenten Booklet

The Broken Bay Lenten Booklet invites prayerful reflection during Lent.

For each of the six weeks of Lent, the booklet includes a reading of the Gospel text; a reflection on the text; and a personal experience related to the text. The materials and reflections have been prepared by the Broken Bay community.

Booklets will be available for collection this weekend and can be found at the back of the Church.

### CHILDREN'S LITURGY CALLING ALL CHILDREN !

All families are welcome. Join us on all weekend masses for Children's Liturgy of the Word—a joyful time to reflect on the Sunday Gospel reading, pray together, and share our faith in a child-friendly way.

Children return to the church for the Liturgy of the Eucharist (Children under 5yrs of age must be accompanied by a parent or guardian at all times Children return to the church for the Liturgy of the Eucharist (Children under 5yrs of age must be accompanied by a parent or guardian at all times).



365 Pacific Highway  
North Wyong NSW 2259  
PO Box 786  
Wyong NSW 2259



Ph: 02 4351 8004  
Ph: 02 4392 8777

### BOWDEN FAMILY FUNERALS

All Areas ~ Australian Owned

Anita Bowden - Director  
anitabowden@cci.net.au



*We do not think of it as a job...  
it is an irish honour.*



Ensuring your loved ones are cared for with the respect & dignity you would wish.  
Flexible arrangements to suit your needs. Professional assistance and caring advice.

Phone. 1800 558 004, Mob. 0408 251 927, Fax. 02 4351 8005

### SHROVE TUESDAY

Shrove Tuesday Palm Burning Ceremony will be held on the **17th February** and commence at **6pm at St Cecilia's Church**, followed by a sausages sizzle.

Please feel free to bring a plate of sweets along.



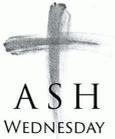
### ASH WEDNESDAY

Ash Wednesday will held be on **Wednesday 18th February**

St Cecilia: 8am & 6pm

St John Fisher: 8am

Ash Wednesday marks the beginning of Lent, a time for spiritual reflection, repentance and preparation of Jesus Christ.



### 2026 a "Special Year of St Francis" proclaimed by Pope Leo XIV

To commemorate the **800th anniversary of the death of St Francis of Assisi**, Pope Leo XIV has proclaimed a **Special Jubilee Year** spanning from **10 January 2026 to 10 January 2027**. This "extraordinary jubilee" follows the Ordinary Jubilee of 2025 and focuses on the saint's legacy of peace, active charity, and stewardship of creation.

#### Key Events & Observances

**Public Display of St Francis' Body:** For the first time, the saint's remains will be moved from the crypt to the lower church of the Basilica of St Francis in Assisi for public veneration from **22 February to 26 March 2026**.

**National Holiday in Italy:** Starting in 2026, Italy has officially reinstated the **Feast of St Francis (4 October)** as a national public holiday.

**Plenary Indulgence:** The Apostolic Penitentiary has granted a plenary indulgence to the faithful who make a pilgrimage to any Franciscan church or site dedicated to St Francis worldwide, provided they meet the usual spiritual conditions (Confession, Communion, and prayer for the Pope's intentions).

#### Focus Themes

**Peace and Reconciliation:** Pope Leo XIV highlighted the saint's message as a "source of peace" for a world currently afflicted by conflict and social division.

*"Lord, make me an instrument of thy peace. Where there is hatred, let me sow love."— St. Francis of Assisi*

### CATECHISTS NEEDED !!

Catechist urgently needed to teach a Stage 1 (yr1&2) class of approx. 30 students on Wednesdays at 11.25am at Chittaway Bay Public School. Class duration is for approx. 30mins, all class content and resources are provided.

Without a Catechist this class will have to be cancelled.  
Please contact the Parish office ASAP.

### Project Compassion Sunday

14–15 of February 2026

This Lent, we are called to *Unite Against Poverty* through Caritas Australia's Project Compassion. Your generosity this Lenten Season will enable Caritas Australia to provide life-changing support to vulnerable communities in need. **Please donate today.** You can support Project Compassion 2026 through the donation boxes, envelopes or by scanning the QR code.

**Or online at:** [www.projectcompassion.org.au/donate](http://www.projectcompassion.org.au/donate)

**Or by calling:** 1800 024 413

Thank you for standing with us, as we *Unite Against Poverty this Lent.*



## TUGGERAH SPORTS & SPINAL PHYSIOTHERAPY

Ricky Li

Registered NDIS provider

Phone 4355 4445

[www.tuggerahphysio.com.au](http://www.tuggerahphysio.com.au)

# Community Playgroup

A fun, safe, and nurturing space for children to play, learn and grow - and for parents, carers and grandparents to connect!

**STARTING MONDAY 16th FEBRUARY**



Wyong Parish Parents, Carers and Grandparents Community Playgroup  
Monday 9.15AM - 10.15AM

Starting Monday 16<sup>th</sup> February 2026  
Parish Hall, 23 Byron Street, Wyong

For more information contact Parish Office 02 4352 1011

**All Welcome! Come along and be part of something special**

## EXTRA CLEANER'S REQUIRED

If there is any person who would be kind enough to join us in cleaning the Church facilities please contact the parish office. Depending on numbers, you will only need to clean approximately once a month. **Thank you for your consideration.**



## Eucharistic Adoration & Benediction—1st March

Adoration and Benediction will be held on the 1st of March from 8:30am—9:20am. All are welcome and encouraged to participate in this nationwide Holy Hour in preparation for the Eucharistic Congress in 2028.

## Main Liturgical Feasts: February

10th - St Scholastica, 11th— Our Lady of Lourdes, 22nd—Chair of St. Peter, 23rd—St Polycarp of Smyrna, 27th—St Gregory Narek; Ember Friday

## PLANNED GIVING

Dear Parishioners, should you wish to donate electronically, please see details below or use the QR Code provided.

**We appreciate all offerings and support gifted to our Parish!**



## COMMUNION BLESSING



You can still receive a blessing if you are not Catholic, have not yet received your Sacrament of First Eucharist/Holy Communion, or, if you are Catholic but are not in a state of grace.

To receive a blessing instead of communion during a Catholic Mass, simply approach the priest during the distribution of communion with your arms folded across your chest, and the priest will offer a blessing.

**Please remember if you are receiving communion, the consecrated host must enter your mouth to be consumed before returning to your seat.**



## UNABLE TO STAND IN LINE FOR COMMUNION? USE THE YELLOW BAND!

Please use the yellow bands located at the back of the Church (in a tub underneath the bulletin shelf) to indicate that you cannot stand in line to receive the Eucharist, by slipping it onto the side of the pew where you will be seated.

Our Priest or Eucharistic Minister will see this and will tend to you at the end of Communion.

## PLAYGROUP DONATION CALLOUT

Our Playgroup is starting on Monday!

We are very excited to meet some new families. To assist us with this new ministry we are seeking new or used (good condition) toys/car playmats/ toy kitchen/baby dolls/prams/Duplo large building blocks/ large children's puzzles.

If you have anything that you think might be of interest, please feel free to give **Jo Helm** a call on: 0424 763 734. Many Thanks.

## CATECHIST SUNDAY—14th & 15th of March

Our catechists will be commissioned for the year ahead at Parish Masses this weekend on the 14th March (Vigil) & 15th March.

SRE catechists, sacramental catechists, RCIA catechists, children's liturgy of the word catechists and catholic school teachers, will be included in this commissioning.

Thank you to all who are involved in this very important work for our Parish.

May God continue to bless you all for your commitment and dedication.

## FIRST FRUITS OFFERING

*Giving from the Heart*



**Serve Your Parish Through Planned Giving**



## Property Transfer Professionals

ARLENE BARNETT Licensed Conveyancer - JP  
02 4353 1340 48A Pacific Hwy Wyong  
propertytransfer@bigpond.com

www.conveyancersnsw.net.au

Specialising in: Land & Business Sale or Purchase  
Mortgages & Commercial Leases, Retirement Villages

## HomeCaring wyong

Lifestyle and health solutions

**Home Care and NDIS packages tailored for you.**

Cruz Calero-Mena 0455 505 292

Email: [cruz@homecaring.com.au](mailto:cruz@homecaring.com.au)

## MASS TIMES

### ST CECILIA'S CHURCH

23 Byron St Wyong

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00pm Sun 7.30am & 9.30am

**Weekday Mass**

Mon-Sat: 8.00am, Monday 9.15am (School Term)

**Reconciliation/Confession** Saturday morning after the 8am Mass & Saturday at 4.30pm

### ST JOHN FISHER MASS CENTRE

Hicks Lane Tumbi Umbi

Saturday Vigil / Sunday Mass Times

Sat Vigil 5.00 pm Sun: 8.30am & 5pm

**Weekday Mass**

Mon, Wed, Thurs 8:00am Tue & Fri: 9.15am

**Reconciliation/Confession** Saturday at 4.30pm

### EMERGENCY PRIEST CONTACT

Fr Raul Ph: 0450 115 099

Fr Alex Ph: 0432 947 245

Fr Teody Ph: 0410 202 823

**PARISH OFFICE:** 23 Byron Street Wyong

**Phone:** 02 4352 1011 **Mail:** Po Box 385 Wyong 2259

**OFFICE HOURS:** Monday -Wednesday & Friday 9.30am to 2.30pm

### PARISH CONTACTS

Parish Priest **Fr Raul Balute, SOLT Ph: 0450 115 099**

Email: [raul.balute@bbcatholic.org.au](mailto:raul.balute@bbcatholic.org.au)

Assistant Priest **Fr Alex Barnedo, SOLT Ph: 0432 947 245**

Assistant Priest **Fr Teody Medina, SOLT Ph: 0410 202 823**

Parish Secretaries **Margaret Vandenberg & Christine Sassine**

**PARISH EMAIL:** [wyongparish@bbcatholic.org.au](mailto:wyongparish@bbcatholic.org.au)

**PARISH WEBSITE:** <https://www.bbcatholic.org.au/wyong/>

**FACEBOOK:** [www.facebook.com/wyongcatholicparish](http://www.facebook.com/wyongcatholicparish)

### Children's Liturgy at the following Masses

St Cecilia's 5:00pm Mass Saturday

St Cecilia's 9.30am Mass Sunday

St John Fisher 5pm Mass Sunday

### Mass St Barnabas, Yarramalong

1st Sun of month 11.15am

### Filipino Mass St Cecilia's Church

3rd Sun of the month 12pm

### Anointing of the Sick

### First Friday of the Month

St Cecilia's During 8.00am & 11.30am Mass

St John Fisher During 9.15am Mass

### Eucharistic Adoration

St Cecilia's Daily 7am-8am

St John Fisher 1st Fri 8.45 - 9.15am

### Devotion to Our Lady of Perpetual Help

St Cecilia's Sat after 8am Mass

St John Fisher Wed after the 8am Mass

### Devotion to the Divine Mercy

St Cecilia's Fri after the 8am Mass

St John Fisher Fri after the 9:15am Mass

### Prayer groups

St Cecilia's Rosary Group Tues after 8am mass followed by Divine Mercy

St Cecilia's Legion of Mary, Wed 9.15am in Parish Hall.

### Meetings

St Cecilia's Choir practice every Tues night 5pm to 6pm

### **Parish Pastoral Council Meeting**

PPC Secretary: Kerry Bugden

Ph: 02 4388 2938

**BAPTISMS, WEDDINGS AND FUNERALS**  
**PLEASE CONTACT THE PARISH OFFICE**

## KEEP US IN YOUR PRAYERS

**Prayer:** *The most valuable gift you can give someone.*

**SICK:** Michele Bolton, Jeanine Doueihy, Lisa Glanville, Margaret McDermott, Dave Rodney, Danae Roe, Milva Kefu, Georgina Mastroianni, Tahniah Ahuriri, Mary Anne Xuereb, Badwi Laoulach

### **RECENTLY DECEASED:**

Michael McDermott, Sauhaela Sabat, Delma Baker

### **ANNIVERSARY FEBRUARY:** Bill

Cullinan, John Kiernan, Rosie Attard, Natividad Dieta, Rita Muscat, Rod McCarthy, Victor Gibbs, Frank Costa, Blino Sakr



## SAFEGUARDING MESSAGE

Wyong parish is committed to safeguarding. All children, young persons and vulnerable adults have a right to feel safe and be safe. If you have a concern about the safety of anyone in the parish, please raise your concern with Fr Raul, Fr Alex or

Fr Teody on the contact details provided above; or, Anne Hooley: 0428 149 793 or, Maureen Roast: 0435 245 849.

**Sunday Mass**  
**15 February 2026**  
**THE LITURGY OF THE WORD**

**First Reading Sirach 15:15-20**

A reading from the book of Ecclesiasticus If you wish, you can keep the commandments, to behave faithfully is within your power. He has set fire and water before you; put out your hand to whichever you prefer. Man has life and death before him; whichever a man likes better will be given him. For vast is the wisdom of the Lord; he is almighty and all-seeing. His eyes are on those who fear him, he notes every action of man. He never commanded anyone to be godless, he has given no one permission to sin.

The word of the Lord.

**Thanks be to God.**

**Responsorial Psalm Ps 118:1-2, 4-5, 17-18, 33-34**

R. Happy are they who follow the law of the Lord!

**Second Reading 1 Corinthians 2:6-10**

A reading from the first letter of St Paul to the Corinthians

We have a wisdom to offer those who have reached maturity: not a philosophy of our age, it is true, still less of the masters of our age, which are coming to their end. The hidden wisdom of God which we teach in our mysteries is the wisdom that God predestined to be for our glory before the ages began. It is a wisdom that none of the masters of this age have ever known, or they would not have crucified the Lord of Glory; we teach what scripture calls: the things that no eye has seen and no ear has heard, things beyond the mind of man, all that God has prepared for those who love him.

These are the very things that God has revealed to us through the Spirit, for the Spirit reaches the depths of everything, even the depths of God.

The word of the Lord.

**Thanks be to God.**

**Gospel Acclamation of Matthew 11:25**

Alleluia, alleluia!

Blessed are you, Father, Lord of heaven and earth;  
you have revealed to little ones the mysteries of the kingdom.

Alleluia!

**Gospel Matthew 5:17-37**

A reading from the holy Gospel according to Matthew

Jesus said to his disciples: ' Do not imagine that I have come to abolish the Law or the Prophets. I have come not to abolish them but to complete them. I tell you solemnly, till heaven and earth disappear, not one dot, one little stroke, shall disappear from the Law until its purpose is achieved. Therefore, the man who infringes even one of the least of these commandments and teaches others to do the same will be considered the least in the kingdom of heaven; but the man who keeps them and teaches them will be considered great in the kingdom of heaven.

'For I tell you, if your virtue goes no deeper than that of the scribes and Pharisees, you will never get into the kingdom of heaven.

'You have learnt how it was said to our ancestors: You must not kill; and if anyone does kill he must answer for it before the court. But I say this to you: anyone who is angry with his brother will answer for it before the court; if a man calls his brother "Fool" he will answer for it before the Sanhedrin; and if a man calls him "Renegade" he will answer for it in hell fire. So then, if you are bringing your offering to the altar and there remember that your brother has something against you, leave your offering there before the altar, go and be reconciled with your brother first, and then come back and present your offering. Come to terms with your opponent in good time while you are still on the way to the court with him, or he may hand you over to the judge and the judge to the officer, and you will be thrown into prison. I tell you solemnly, you will not get out till you have paid the last penny.

'You have learnt how it was said: You must not commit adultery. But I say this to you: if a man looks at a woman lustfully, he has already committed adultery with her in his heart. If your right eye should cause you to sin, tear it out and throw it away; for it will do you less harm to lose one part of you than to have your whole body thrown into hell. And if your right hand should cause you to sin, cut it off and throw it away; for it will do you less harm to lose one part of you than to have your whole body go to hell. 'It has also been said: Anyone who divorces his wife must give her a writ of dismissal. But I say this to you: everyone who divorces his wife, except for the case of fornication, makes her an adulteress; and anyone who marries a divorced woman commits adultery. 'Again, you have learnt how it was said to our ancestors: You must not break your oath, but must fulfil your oaths to the Lord. But I say this to you: do not swear at all, either by heaven, since that is God's throne; or by the earth, since that is his footstool; or by Jerusalem, since that is the city of the great king. Do not swear by your own head either, since you cannot turn a single hair white or black. All you need say is "Yes" if you mean yes, "No" if you mean no; anything more than this comes from the evil one.'

The Gospel of the Lord.

**Praise to you, Lord Jesus Christ.**



# *Volunteer with IMPACT*

**Develop sustained self-reliant futures in overseas communities!**

Join Palms International Volunteering [online](#) in this special session where you'll learn about our [diverse assignments](#) suited to your qualifications. Hear from past Palms volunteers how skill-exchange makes a lasting impact in communities and changes lives.

**Venue:** Online- Scan the QR or register at  
[palms.org.au/events](https://palms.org.au/events)

**Date:** Thursday 19 February 2026

**Time:** 7 pm – 8:30 pm AEDT

**02 9560 5333**

[palms@palms.org.au](mailto:palms@palms.org.au)



***Want to visit a community first?*** Join our 13-day **Encounter Tour to Timor Leste!**

Book by **28 February** for the May tour! See [palms.org.au/encounters](https://palms.org.au/encounters)

# LENT 2026 WITH THE CATHOLIC GUY, BRUCE DOWNES

Lent is a time when we can grow closer to God and prepare our hearts for the true meaning of Easter.

Be inspired. Be refreshed. Be renewed!

For 40 days you will receive a short, practical and inspiring video in your inbox every morning to help you make this Lenten journey more powerful and prayerful. This program is FREE and you can sign up here:

<https://brucedownes.org/lent-2026-sign-up/>

Go to BruceDownes.org for more information.

Please pass this invitation on to your families and friends and we pray this will be a time of great renewal for you personally and in the people whom you lead.

Kind Regards

Sandra Purcell

The Catholic Guy Ministry



# Accessible Church Mass

Holy Cross Church, South Kincumber

Sunday 8 March 2026

We are pleased to announce that an Accessible Mass is being offered at Holy Cross Catholic Church, South Kincumber, designed to be welcoming and inclusive for people of all abilities, including individuals and families living with disability, neurodiversity, or additional needs.

**10.30am Second Sunday of each month  
commencing Sunday 8 March 2026**

**Holy Cross Catholic Church, 9 Humphreys Rd, Kincumber South 2251**

This Mass is offered in a supportive, flexible, and understanding environment where people are welcome to participate in ways that feel comfortable for them. Families, carers, and support workers are warmly invited to attend. The church is accessible, wheelchair-accessible toilets are available adjacent to the church and we are making efforts to be sensory aware

To help us offer the best possible welcome, we would appreciate any requests for specific accessibility or support needs being shared in advance. Please contact Mission Broken Bay [mission@bbcatholic.org.au](mailto:mission@bbcatholic.org.au)

We invite parishes, schools, and special education communities to share this information with families, students, staff, and parishioners who may benefit from a more accessible liturgical setting. Thank you for helping us continue to build parish communities that are welcoming, inclusive, and grounded in dignity for all.

*Reproduced from Neighbourhoods 29 January 2026*

## **Formation Opportunity**

Breaking Open Dilexi Te - Apostolic Exhortation Of The Holy Father Leo XIV To  
All Christians On Love For The Poor

Join parish leaders from across the Diocese for a practical and accessible day of formation in social justice ministry. Build your confidence, connect with others, and gain useful tools to support your parish work. Breaking Open Dilexi Te : Discover the powerful teachings of Pope Leo XIII and how they can inspire your leadership today.

All parish social justice ministers, volunteers and leaders are warmly invited.  
Follow the link to register today: [Breaking Open Dilexi Te](#)

**Date: 28 March 2026**

**Time: 10:30 am – 4:00 pm**

**Venue: Ambrose Centre, 12 Ashton Ave, The Entrance NSW 2261**

*Reproduced from Neighbourhoods 29 January 2026*



# Carmel House Retreats 2026

**MAY  
20-24**

**Pentecost Intensive  
RUAH**

"He breathed on them and said to them, 'Receive the Holy Spirit'. In 20:22 The Ruah (breath) of God renews each soul that receives its power. Embrace the gift of the Holy Spirit through fellowship, inputs, prayer and practical workshops and help renew the face of the earth  
<https://www.trybooking.com/DIDAV>.

**OCT  
16-18**

**Hand Made  
Creative Healing Retreat**

"In his hand is the life of every creature." Job 12:10  
Come away for a weekend of reflection on how carefully God has made and upheld your life through different creative prayer experiences.  
<https://www.trybooking.com/DIDCB>

**JUNE  
27**

**GARDENS  
Day Retreat**

"Grieve not as those who have no hope." 1 Thess 4:13.  
Spend a day reflecting on how while we experience pain, grief and loss in life, we can also discover in such moments that God is renewing us and doing "a new thing" (Rev 21:4) within us.  
<https://www.trybooking.com/DIDBD>

**NOV  
14**

**ALIVE  
Holy Spirit Family  
Retreat Day**

Your family has been carefully chosen and put together by God and has an important mission entrusted only to you.  
Discover as a family the power of the Holy Spirit to live with boldness and love!  
<https://www.trybooking.com/DIDCJ>

**AUG  
28-30**

**HOMECOMING  
Silent Retreat**

"His father saw him, ran to his son, threw his arms around him and kissed him." Lk 15: 20  
Your heavenly Father waits for you to come away with him for a weekend of silently soaking in his great love for you. Embrace this opportunity for encountering deep peace and serenity.  
w/e: <https://www.trybooking.com/DIDBK>  
extensive: <https://www.trybooking.com/DIDBU>

Missionaries of God's Love  
**Sisters**



**Carmel House**  
345 St Andrews Rd, Varroville NSW 2566  
[mglisters.sydney@gmail.com](mailto:mglisters.sydney@gmail.com)  
[mglisters.org](https://www.mglisters.org)

---

## MAGI PILGRIMAGES

### **FOOTSTEPS OF ST PAUL (5th - 20th May 2026)**

Fr. Sebastian A.M invites you to a journey in the footsteps of St. Paul, reliving the Acts of the Apostles and exploring the letters of the New Testament. Explore Greece and Turkey with a 3-night Greek Islands cruise in this 14-day pilgrimage for an all-inclusive price of \$9790+ tips (25+ pilgrims). The early bird price expires on January 30th.

### **SAINTS OF ITALY (8th - 21st June 2026)**

Fr. Franco Filippetto invites you to a 14-day journey to Italy, visiting Milan, Padua, Siena, Assisi, Rotondo, Sorrento, and Rome, with an all-inclusive price of \$ 9,290 + tips (for 30+ pilgrims). The early bird price expires on January 30th.

The fare includes Return Economy Airfares + Local Transfers in Deluxe coaches + Stay in 4-star Premium Hotels, Meals + English speaking professional guides + Entrances as per itinerary and more. For inquiries & bookings call 03 8839 6615 or email us [pilgrimage@magiholidays.com.au](mailto:pilgrimage@magiholidays.com.au)

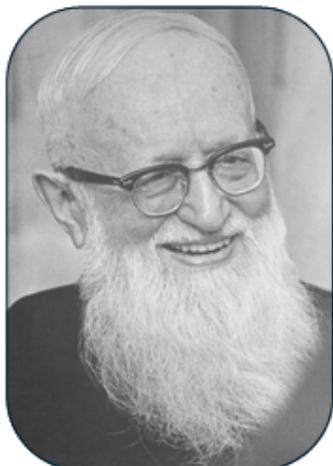
---

BOOK NOW!



*Schoenstatt Sisters*  
CENTENARY YEAR  
*Pilgrimages!*

# PILGRIMAGES CAN INCLUDE...



## HOLY MASS

- In the Shrine, House Chapel or Family Hall
- Come with own priest
- Existing Masses at Mount Schoenstatt on Thursdays & Sundays at 11am

## CONFESSION

- Available with own priest only

## PRAYER

- Devotion
- Rosary
- Stations of the Cross
- Private

## TALK BY A SISTER

- About Schoenstatt and the sisters community



## MEALS

- BYO
- Morning tea, lunch & afternoon tea available at a cost

## PIETY STORE

- Gifts
- Souvenirs
- Religious items

Plenary indulgence available  
until **4<sup>th</sup> NOVEMBER 2026**

*Tailor your pilgrimage  
to suit your needs!*

**ALL PILGRIMAGES BY DONATION!**

**CONTACT**



**SR M. OLIVIA**



**0473 201 525**

**sister.m.olivia@gmail.com**

## WANT TO JOIN OUR FRIENDSHIP PROGRAM?

CatholicCare are seeking volunteers for our Aged Care Volunteers Visitors Scheme (formerly known as the Community Visitors Scheme). As a volunteer, you will visit seniors in a local aged care facility or in their own home and help improve their quality of life. Our volunteers have the flexibility to choose a day and time that suits them, we just ask for a commitment of at least one hour per fortnight.

Affectionately referred to as CatholicCare's 'friendship program', you will be able to build new connections and positive relationships with someone who will greatly appreciate your company. Please call (02) 9481 2600 or visit [www.catholiccaredbb.org.au/volunteer/](http://www.catholiccaredbb.org.au/volunteer/) for more information



*CatholicCare*  
Diocese of Broken Bay

# VOLUNTEERS NEEDED

AGED CARE VOLUNTEER VISITORS SCHEME

[www.catholiccaredbb.org.au/volunteer](http://www.catholiccaredbb.org.au/volunteer)

# Discover and share in our story

The Sisters of Charity Heritage Centre brings alive the spirit of the Congregation, it's history and heritage.

Australia's first religious sisters have been of service to the community regardless of creed, wealth or ethnicity, for over 185 years.

---

**Tuesday – Thursday**  
**10.00am-3.00pm or by appointment**  
**Free entry, parking available**  
**Bookings recommended**

---

*You too are part of this continuing and living heritage and we'd love to welcome you.*

1 Rockwall Cres, Potts Point, NSW  
T: 02 9138 0835  
W: [socheritagecentre.org.au](http://socheritagecentre.org.au)  
E: [heritagecentre@rscoffice.com](mailto:heritagecentre@rscoffice.com)



**Sisters  
of Charity**  
of Australia

**HERITAGE  
CENTRE**



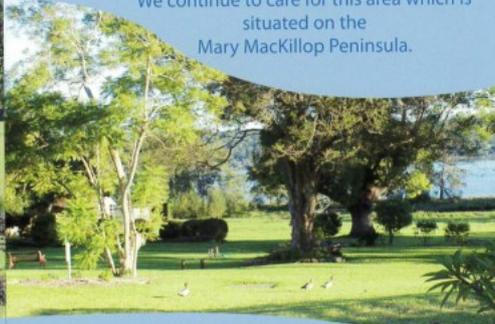
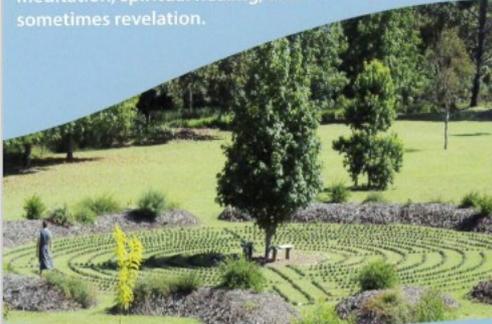
# St Joseph's Spirituality and Education Centre Kincumber South

The abundance of natural beauty which surrounds the Centre will ensure your stay is unforgettable, enjoyable and restful.

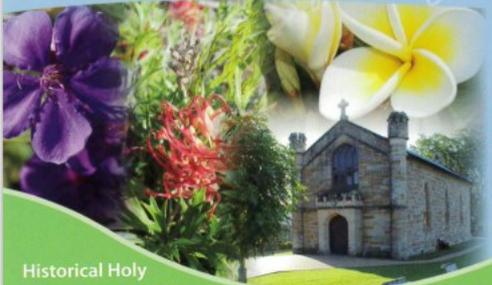
The labyrinth is a place for prayer, meditation, spiritual healing, and sometimes revelation.

We acknowledge the original owner of this land and pay tribute to The Darkinjung Nation and the Guringai people who have cared for this land with love and respect.

We continue to care for this area which is situated on the Mary MacKillop Peninsula.



## Peace and Tranquility



 A Ministry of the Sisters of St Joseph  
NSW Province

*The Congregation of the Sisters of St Joseph, founded by Mary MacKillop and Julian Tenison Woods in 1866, was devoted to the service of the poor. Its members were women who worked in a simple ordinary way to bring to the poor the message of their human dignity and of Christ's saving love. Today the Sisters of St Joseph continue that founding mission to relieve suffering and bring hope to today's world.*

*St Joseph's Spirituality and Education Centre offers the opportunity for individuals and groups to experience spiritual enrichment and personal development in a peaceful and spacious setting. The facilities are available to those whose purpose is in harmony with the spirit and philosophy of the Sisters of St Joseph.*

Historical Holy Cross church built in 1842 presents itself right in front of our Centre.

## St Joseph's Spirituality & Education Centre

8 Humphreys Road, Kincumber South, NSW 2251  
Phone: 02 43682805 : Fax: 02 43683849  
Email: [bookings@stjosephsretreat.org.au](mailto:bookings@stjosephsretreat.org.au)  
Web: [www.stjosephskincumber.org.au](http://www.stjosephskincumber.org.au)



## Location

St Joseph's Spirituality and Education Centre is located at Kincumber South, in a natural bushland setting, in a quiet corner of the beautiful Central Coast of NSW.

The spacious grounds front the Kincumber Broadwater, creating an atmosphere of tranquility and peace that enhances the spiritual and reflective nature of the Centre.

A perfect place where people can be recharged, re-energized and spend precious time connecting with God, each other and nature.

## Services

Dedicated staff are on hand to advise and to ensure the smooth running of your group's activities.

You can be certain of our personalised & professional service from start to finish for your conference, meeting or seminar.

The Centre is open to people of all faiths and beliefs and is a warm and welcoming place respecting cultural and religious differences.

Meals are prepared on site, catering for special dietary requirements.

Morning and afternoon tea are all homemade.

## Facilities

St Joseph's is a smoke free environment.

The quality and presentation of the accommodation add to the overall ambience of the Centre.

A maximum of 54 people can be accommodated in 35 double, twin, or single rooms, all with modern ensuites.

Ramp and lift access to rooms is available, some bathrooms are wheelchair friendly.

Our facility hosts  
Retreats  
Conferences  
Group Seminars  
Small Group Meetings  
Bible Study Groups  
Prayer Days

Sound and visual equipment for conferences are available on request.

### Walking Tracks and Gardens

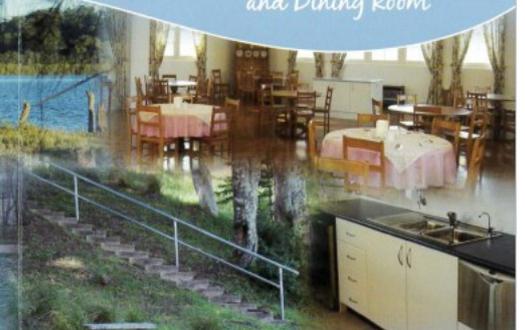
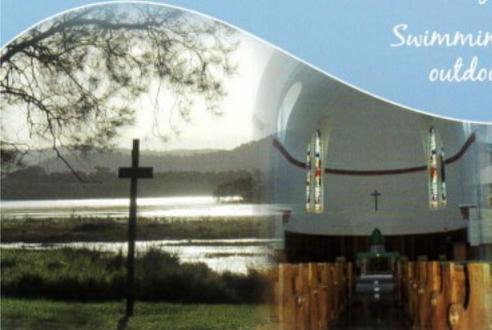
### Meditation Areas and Mary of the Cross Walk

### Swimming pool and outdoor patio

### Chapel and prayer rooms

### Conference Rooms

### Lounge, Tea Bays and Dining Room



# WE ARE PROUD TO ANNOUNCE OUR NEW ACCREDITATION FOR HOME CARE PACKAGES

CatholicCare is our social care agency in the Diocese of Broken Bay and we have been supporting the Northern Sydney, Northern Beaches and Central Coast communities for 35 years.

We understand many seniors prefer to stay at home as they age. The Government's funding for Home Care Packages can help you live independently at home for longer.

We want to know if our Home Care Packages are of interest to you, or a loved one and want to prioritise the needs of our parishioners before we promote to the general public. As a Catholic organisation we want the seniors we support to know they are truly cherished and valued and we're confident our services will be very well received.

*There's no obligation to partner with CatholicCare. We may contact you to discuss your needs, but you're welcome to opt-out at anytime.*

Name \_\_\_\_\_

Suburb \_\_\_\_\_ Phone \_\_\_\_\_

Email \_\_\_\_\_

Do you currently have Home Care Package funding from the Government?

Yes       No       Unsure

Do you need help applying for a Home Care Package?

Yes       No       Maybe

Is there any other feedback you'd like to provide?

---

---

---

Take a photo of this completed form and email to [info@catholiccareddb.org.au](mailto:info@catholiccareddb.org.au) or text a photo of the form to 0481 602 046. Thank you.

## CATHOLICCARE BROKEN BAY

### Do you have a problem that you can't solve on your own?

When feelings become overwhelming or confusing, counselling can be very helpful. We work with you to overcome challenges and stress.

We work with you, assisting you to face challenges and stressors, coming up with sugges-

tions to tackle or resolve these challenges. We listen, talk through experiences and help you think about ways forward. Common issues addressed in counselling include family transitions, communication issues, work/life balance, conflict, parenting after separation, grief and loss and decision making. We offer a welcoming, inclusive environment and a safe space for all ages. CatholicCare offers Government funded, fee for service and NDIS approved therapy options for yourself, your children and as a family unit.

To access this service please call 1800 324 924 or visit [www.catholiccaredbb.org.au](http://www.catholiccaredbb.org.au).



# Key Telephone Numbers

## KEY TELEPHONE NUMBERS

### **POLICE: 000**

Call the Police for immediate assistance.

### **1800 RESPECT: 1800 737 732**

A national 24-hour 7 day a week service, for advice or support in relation to sexual assault and domestic violence. The service also connects victims to the nearest help according to their location.

### **FOR NON-ENGLISH SPEAKERS**

Call 131 450 for an interpreter. Ask them to ring 1800 RESPECT for you.

### **CATHOLICCARE BROKEN BAY**

CatholicCare provides a range of services to assist women and children experiencing domestic violence

Central Coast: 1800 324 924	Northern Beaches: 1800 324 924
Naremburn: 1800 324 924	Waitara: 1800 324 924

### **MEN'S REFERRAL SERVICE: 1300 766 491**

A national 24-hour 7 day a week anonymous and confidential counselling, information and referral service to help men stop using violent and controlling behaviour.

## FOR FEMALE MIGRANTS UNDER A TEMPORARY VISA

Migrants are especially vulnerable to abuse because they are in unfamiliar territory without knowledge of the laws and emergency services they can access.

If you are experiencing domestic violence, you can take out an Apprehended Violence Order (AVO) against your partner.

Under the Migration Act you can apply for permanent residency due to domestic violence.

Ring any of the following numbers:

<b>Immigration Advice and Rights Centre</b>	<b>02 8234 0777</b>
<b>Immigrant Women's SpeakOut Association</b>	<b>1800 656 463</b>
<b>Legal Aid NSW</b>	<b>1300 888 529</b> (business hours)

**PHYSICAL AND SEXUAL ABUSE ARE SERIOUS INDICTABLE OFFENCES UNDER THE NSW CRIMES ACT 1900.** It is an offence to fail to report knowledge or belief of a serious indictable offence. If in doubt, call 000.

This parish resource has been developed by the Diocese of Broken Bay's Catholic Life & Faith Formation Team in consultation with the Safeguarding Office (Chancery) and CatholicCare Broken Bay. This booklet is part of a Parish Kit which assists parishes to respond to those experiencing domestic violence or those who are seeking help for their violent behaviour. The kit is available for download [www.bbcatholic.org.au](http://www.bbcatholic.org.au)

[www.bbcatholic.org.au](http://www.bbcatholic.org.au)



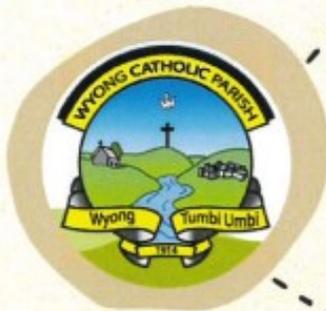
**CATHOLIC  
DIOCESE OF  
BROKEN BAY**

# SAFEGUARDING is everyone's responsibility



Everyone must practice **A DUTY OF CARE**. We are called to step up and speak out.

Need to be listening & watching to understand if there are any concerns and take them seriously



Tell one of our designated persons in authority

- Fr Raúl 0450 115 099
- Maureen Roast 0435 245 849
- Anne Hooley 0428 149 793

Contact will be made with Diocesan Safeguarding Office



Our Community is **SAFE**